

City of Alva Swim Lesson Program

Option 1: \$60

For ages 4 and over (participant must be able to put their face under water).

Dates:

Session I: Tuesday/Thursday from June 9 - June 27

Session II: Tuesday/Thursday from July 7 - July 25

Times:

Intermediate 1: 10:00 - 10:40

Beginner 2: 10:00 - 10:40

Beginner 1: 10:50-11:30

Option 2: \$35

For ages 4 and over (participant must be able to put their face under water).

All levels on Wednesday Beginner 1 5:30-6:10 Beginner 2 6:20-7:00

Dates:

Intermediate 6:20-7:00

Session I: Wednesday from June 9 - June 27

Session II: Wednesday from July 7 - July 25

Option 3: \$25

Mommy / Daddy and Me

For toddlers ages 2-3 - **with a parent in the water.**

Wednesday evening 5:30-6:10

Dates:

Session I: Wednesday from June 9 - June 27

Session II: Wednesday from July 7 - July 25

Beginner 1:

For kids 4 years and up. An introduction class to swimming. Children will learn how to float on their backs, go underwater, learn the "swimming" arms, kicks, and more. The class is designed to build your child's confidence and give them the basic fundamental skills they will need to swim. ***Child must be able to put their face in the water***

Beginner 2:

For kids 5 years and up that already know the basic skills and are ready to learn how to swim on their own. In this class, swimmers will be taught how to swim freestyle along with building stamina and learning the elementary backstroke. Once a swimmer can swim 5 - 10 yards freestyle with side breathing, they are ready for Intermediate 1.

Intermediate 1:

This level is for the swimmer who can already swim freestyle and elementary backstroke, and is ready to learn more advanced skills including regular backstroke, breaststroke and diving.

Mommy/Daddy and Me:

This class is designed to get your toddler comfortable in the water and to teach them basic skills for water safety.

*****Please note that all classes will learn safety rules and there will be no more than 6 kids per instructor.*****

In order to participate, the swimmer must **NOT** be afraid to put their face in the water.

Private lessons are available and encourages for those swimmers not comfortable in the water or for those not wanting to participate in a group. Cost is \$15 per 30 minute session and you will need to schedule these through the Alva City Pool Manager.

Payment is due in full on the first day of class. Checks should be made payable to:
CITY OF ALVA.

For questions or more information, please call: 580 327-1333

Registration Deadline is no later than **Saturday, June 2, 2014.**

Please drop off the below registration form and waiver at:
Alva City Pool after May 26.

<u>REGISTRATION FORM</u>		
Child's Name	_____	
Child's Age (as of June 1, 2014):	_____	
Requested Option #:	_____	
Requested Session #:	_____	
	Session I: June 9 - June 27	
	Session II: July 7 - July 25	
You are enrolling your child in which of the following classes? (Please circle one)		
Beginner I	Beginner II	Intermediate I
Name of parent/guardian:	_____	
Address/ City / Zip:	_____	

Home #: _____	Cell #: _____	E-mail: _____

RELEASE FORM

In consideration of the right and privilege to, and the use of the facilities for, participation in the City of Alva Swim Lesson program, extended to the above named child, I, the under signed parent or legal guardian of said child do hereby unconditionally release and forever discharge the said City of Alva, its officials, agents, employees, successors, and assigns, of and from any and all manner of actions, causes, and causes of action, suits, debts, controversies, executions, claims, demands for any and all injuries to said child and/or any damage to or loss of property arising or occasioned by the participation of said child in the City of Alva Swim Lesson program.

Signature of Parent/Guardian

Date